



BURGAS
INTERNATIONAL
ACRO CUP

BIAC'24
(4th EDITION)

BURGAS FIG WORLD CUP

BURGAS, BULGARIA – 10 – 12 MAY 2024


Info all: www.acrocupburags.com

DIRECTIVES

Dear ACRO Friends,

Club of Sports Acrobatics Chernomoretz along with the Municipality of Burgas and the Bulgarian Federation of Sports Acrobatics have the pleasure to invite you to an International Championship in Acrobatic Gymnastics.

All participants must register through BIAC'24 OC. Non-registered delegations will not be allowed to participate.

DISCIPLINE	Acrobatic Gymnastics
HOST FEDERATION	Bulgarian Federation of Sports Acrobatics 75, Vasil Levski Blvd. 1040 Sofia, Bulgaria E-mail: bulacro@gmail.com
ORGANIZING COMMITTEE	Club of Sports Acrobatics Chernomoretz Contact Person: Atanas Plamenov 139, zh.k. Izgrev, 8005, Burgas, Bulgaria Phone number: +359 (0)888337777 E-mail: atanas_plamenov@bulgym.bg Official website: www.acrocupburgas.com
LOCATION	Burgas, BULGARIA, 130km from Varna and 360km from Sofia
DATE	From 10.05.2024 to 12.05.2024
VENUE	Arena Burgas 79, Stefan Stambolov Blvd. 8005 Burgas, Bulgaria Competition Hall with 95 x 60, 22-32m (height). 

PROVISIONAL SCHEDULE	<p>The detailed schedule will be determined and published on the website (www.acrocupburgas.com) Wednesday, 08.05.2024 Delegations' arrival / Free Training (Training Floors) Thursday, 09.05.2024 Orientation Meeting / Judge meeting / Podium training (with music) as per schedule Friday, 10.05.2024 Opening Ceremony / Qualification (1st exercise) AG: 8-15; 9-16, 10-18, 11-19 and Seniors Saturday, 11.05.2024 Qualification (2nd exercise) AG 8-14, 8-15 and 8-16; 9-16, 10-18, 11-19 and Seniors Sunday, 12.05.2024 Finals / Award Ceremony/ Farewell party AG 8-14, 8-15 and 8-16; AG 9-16, 10-18, 11-19 and Seniors Monday, 13.05.2024 Departure of all delegations</p> <p>(* Only delegations arriving on the scheduled arrival days or before will be scheduled for podium training. Delegation arriving later will be scheduled for podium training according to availability. Measurement of the athletes will be planned after the podium training. Teams that do not have podium training will be measured after accreditation.</p>					
INVITED	The Burgas International Acro Cup is open to National, Regional and Club Teams.					
SIZE OF DELEGATION	Each delegation may include: - 1 Head of delegation - 1 Team Manager - 1 Doctor - 1 Physiotherapist - Coaches (max 1 coach / 3 formations) - Unlimited acrobatic pairs/groups					
AGE LIMITS	LEVEL	AGE LIMITS	Balance	Dynamic	Combined	General Rules
	Beginner	8 years old – 14 years old			X	General rules in Appendix 1
	Teen	8 years old – 15 years old	X	X		General rules in Appendix 2
	Youth	8 years old – 16 years old			X	General rules in Appendix 3
	Age Group 1	9 years old – 16 years old	X	X		Rules for 11-16 FIG Age Group
	Age Group 2	10 years old – 18 years old	X	X	X	Rules for 12-18 FIG Age Group
	Junior	11 years old – 19 years old	X	X	X	Rules for 13-19 FIG Age Group
	Senior	Minimum 12 years old	X	X	X	Rules for Seniors

<p>TARIFF SHEETS AND MUSIC</p>	<p>The Tariff Sheets and Music must be created and uploaded on ACROCOMPANION software by 01.05.2024. Please identify the Tariff Sheets and Music with Pair/Group number.</p> <p>The music must be in MP3 format only. Other formats will be rejected by the system. The number will be given after the Nominative registration and will appear in the Participants lists.</p>									
<p>AWARD CEREMONY</p>	<p>Only the first three places will be requested to participate in the Medal Award Ceremonies. They are requested to appear in competition suits.</p> <p>There will be a Team Competition.</p> <p>PRIZE MONEY will be given for the 9-16, 10-18, 13-19 and SENIOR competition if, per category, at least 6 teams are in the final and teams from at least 4 different countries entered the competition (qualifications) in that category as well as the score without difficulty (D-score) on the team in the final is equal or above 26 points.</p> <p style="text-align: center;">AG: 9-16</p> <p style="text-align: center;">1st place – 30 Euro (for each partner of the Pair/Group) 2nd place – 20 Euro (for each partner of the Pair/Group) 3rd place – 10 Euro (for each partner of the Pair/Group)</p> <p style="text-align: center;">AG: 10-18 and 11-19</p> <p style="text-align: center;">1st place – 40 Euro (for each partner of the Pair/Group) 2nd place – 30 Euro (for each partner of the Pair/Group) 3rd place – 20 Euro (for each partner of the Pair/Group)</p> <p style="text-align: center;">AG: SENIOR</p> <p style="text-align: center;">1st place – 50 Euro (for each partner of the Pair/Group) 2nd place – 40 Euro (for each partner of the Pair/Group) 3rd place – 30 Euro (for each partner of the Pair/Group)</p>									
<p>JUDGES</p>	<p>Each participating Federation/Club must provide a minimum of one, maximum two judges.</p> <p style="text-align: center;">NO JUDGE – PENALTY: 200 Euro/day Judges must be available throughout the whole competition.</p>									
<p>REGISTRATION DEADLINES</p>	<p style="text-align: center;">Provisional, Definitive and Nominative Registration must be sent to OC.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%;">Provisional registration</td> <td style="width: 15%;">10.01.2024</td> <td style="width: 35%;">(4 months prior to the event)</td> </tr> <tr> <td>Definitive registration</td> <td>13.03.2024</td> <td>(2 months prior to the event)</td> </tr> <tr> <td>Nominative registration</td> <td>10.04.2024</td> <td>(4 weeks prior to the event)</td> </tr> </table>	Provisional registration	10.01.2024	(4 months prior to the event)	Definitive registration	13.03.2024	(2 months prior to the event)	Nominative registration	10.04.2024	(4 weeks prior to the event)
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<p>ENTRY FEES</p>	<p>The non-refundable cost of the Entry Fee is 35 Euro per gymnast. The whole Entry Fee must be paid to OC until 13.03.2024 (Definitive entry)</p>									

ACCOMMODATION
AND MEALS

Hotel 1 – 4*
8005, Burgas,
Burgaria

The costs per person/night are as follows:

105 Euro (single room)

85 Euro (double room)

75 Euro (triple room)

Breakfast and dinner are included in the price and will be served at the hotel.

Hotel 2 – 3*
8000, Burgas,
Burgaria

The costs per person/night are as follows:

90 Euro (single room)

75 Euro (double room)

70 Euro (triple room)

Breakfast and dinner are included in the price and will be served at the hotel.

Hotel 2 – 2*
8000, Burgas,
Burgaria

The costs per person/night are as follows:

80 Euro (single room)

70 Euro (double room)

65 Euro (triple room)

Breakfast and dinner are included in the price and will be served at the hotel.

Lunch: Lunch will be provided at the competition venue.

The invited federations/clubs must pay for the lunch expenses of their delegation members. Tickets for lunch (25 Euro / per person) can be purchased through the LOC. The lunch form must be returned and 100% of the cost must be paid to the LOC by **10.04.2024**. (together with the Nominative registration).

The meal plan starts with dinner on the delegation's official arrival day and ends with breakfast on the official departure day.

The completed Accommodation Form must be returned to the OC by **13.03.2024** at the latest, the Hotel rooms will be allocated at "first come, first serve" basis. Accommodation will be reserved after the financial obligations are met (50% accommodation package + Entry Fee).

All participants must register their Accommodation packages through BIAC'24 OC. No participant will be accepted if booked outside the organization.

FINAL BANQUET	A farewell party will be organized and will be followed by a disco and dance. All delegations that have booked their accommodation with the OC are invited to participate without additional payment. Extra tickets will be available at the OC office at 30 Euro per person. Requests for extra tickets must be made, at the very latest, by Sunday morning (12.05.2024)
INTERNATIONAL TRANSPORTION	The invited participating Federations/Clubs must pay for the travel costs of their Delegation members. The Travel Schedule Form must be returned to the OC by 10.04.2024.
LOCAL TRANSPORTION	Transportation from and to the Burgas Airport is provided by the OC to all delegation that have booked the Accommodation through the OC. The Travel Schedule Form must be returned to OC by 10.04.2024 (along with the Nominative registration).
VISA	Please verify immediately with your travel agent or the Bulgaria Embassy or Consulate in your country if a visa is required for your travel to Bulgaria. The OC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 13.03.2024 to the OC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.
INSURANCE	The OC will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like. All participating Federations/Clubs are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents, and repatriation for all the members of their Delegation. If the note has not been sent in advance to the OC (which is strongly recommended), the OC will verify the insurance coverage upon arrival of the delegation members (e.g., cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegation's entire stay. Delegation members with insufficient insurance coverage must inform the OC in advance. The OC will subsequently offer insurance coverage at the Federations/Clubs own charge as follows: 15 EURO per person/day.
ACCREDITATION	<p>Federations/Clubs will receive accreditation based on Nominative Registration upon arrival at the Competition Venue.</p> <p>All participants and officials are requested to always wear identification cards. The identification is personal, non-transferable, and compulsory to control access to training and competition hall. If you lose your identification card, you will have to buy a new one for the price of 15 Euro. The Heads of Delegation must present the passports of all members of the team. Proof of adequate insurance coverage should be submitted to the OC. To save time during the accreditation process, we encourage delegations to send us the copies of passports and insurance certificates by email: atanas_plamenov@bulgym.bg</p> <p>The final workplan will be uploaded on the website (www.acrocupburgas.bg)</p>

<p>ORIENTATION MEETING</p>	<p>The orientation meeting will take place on 09.05.2024. This meeting is for the Head of Delegation, Team Manager, Judges, and coaches. Each Head of Delegation will receive the official competition plan.</p>
<p>ADDITIONAL INFORMATION</p>	<p>All further information concerning the detailed program will be given with the official WORK PLAN, in May 2024. BIAC'24 NEWS FLASH will be sent by email and uploaded online on the Official website in all major updates. All participants must book their Accommodation via BIAC packages.</p>
<p>BANK ACCOUNT INFORMATION AND FINACES</p>	<p>Each participating member Federation/Club is kindly requested to use the following bank details:</p> <p>BANK NAME: KBC Bank BANK ADDRESS: SOFIA 1407, 55 NIKOLA VAPTZAROV BLVD, EXPO 2000 BENEFICIARY: SPORT ACROBATICS CLUB CHERNOMORETZ BENEFICIARY ADDRESS: 139, IZGREV, BURGAS,8000, BULGARIA IBAN: BG07RZBB91551013293956 SWIFT/BIC: RZBB BGSF</p> <p>Each participating Federation/Club member is kindly requested to enter the payment's purpose as follows: Example: BUL, BIAC'24</p> <p>The delegations are responsible for covering their Travel expenses, Accommodations, Meals, and Entry Fee. 100% of the Entry Fee + 50% of the Accommodation package must be paid before 13.03.2024 (Definitive registration).</p> <p>Make sure that all the possible transfer charges (sending and receiving) and the correct amount of money are deposited in our account. When making an international bank transfer you can usually choose between different options, depending on who should pay the fees. All transfer charges are at your expense.</p>
<p>CANCELATION POLICY</p>	<p>Cancellations will only be accepted by e-mail. In case of a cancellation, costs will be refunded as follows: By 13.03.2024: 100% refund 14.03.2024 – 10.04.2024: 50% refund After 10.04.2024: No refund</p> <p>Money is refunded only by Bank transfer. All costs for the Bank transfers will be at the expense of the participating Federation/Club. No refund will be made after the deadline for the Nominative registration. Entry Fee – At the team of the Definitive registration (13.03.2024) each Federation/Club must pay 35 Euro per individual gymnast, and this is non-refundable.</p>
<p>EVENT MANAGER</p>	<p>Atanas Plamenov Phone number: +359 (0)888337777 E-mail: atanas_plamenov@bulgym.bg</p>

<p>LOCAL MEDIA AND MEDIA RIGHTS</p>	<p>Media representatives (journalist, photographers, TV) must request a special accreditation from the OC. Please contact the OC before 13.03.2024 to be eligible to a media accreditation. The media will be assigned special seating and working conditions.</p> <p>The organization records and streams the competition and has the right to upload the movies online. Entering the competition automatically grants BIAC the right to use and publish all photographic material and image rights.</p>
<p>DRAWING OF LOST</p>	<p>The drawing of the starting order will be made in advance, and it will take place in the April.</p>
<p>MEDICAL SERVICE</p>	<p>Medical services during the competition will be provided by a physiotherapist and a team of the Red Cross with ambulance service.</p>
<p>RULES AND REGULATIONS</p>	<p>The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these Directives.</p> <ul style="list-style-type: none"> • FIG rules as valid on January 1st, 2022 • Code of Points (2022-2024) and relevant Newsletters • Appendix for BIAC'24 <p>The competition will take place in the following categories of Acrobatic Gymnastics:</p> <ul style="list-style-type: none"> • Beginner – 8 – 14 (According to Technical Regulation Appendix 1) • Teen – 8 – 15 (According to Technical Regulation Appendix 2) • Youth – 8 – 16 (According to Technical Regulation Appendix 3) • Age Group 1 – 9 – 16 (According to FIG Rules for AG 11-16) • Age Group 2 – 10 – 18 (According to FIG Rules for AG 12-18) • Junior – 11 – 19 (According to FIG Rules for AG 13-19) • Seniors – 12+ (According to FIG Rules for Seniors) <p>Age Group 8-14 and 8-16 have Combined exercise and a final with Combined exercise for best 8/6. The final starts from Zero.</p> <p>Age Group 8-15 and 9-16 have Balance and Dynamic exercise and a final with Balance or Dynamic exercise for best 8/6 (see Age Group/ Juniors Group Rules FIG). The final starts from Zero.</p> <p>Age Group Seniors, Age Group 10-18, 11-19 and Seniors have Balance and Dynamic exercises and a final with Combined exercise for best 8/6. The final starts from Zero.</p> <p>If case of a tie, the tie-breaking regulations will be applied.</p>

DEADLINES SUMMARY	Provisional Registration	10.01.2024
	Definitive Registration	13.03.2024
	Nominative Registration	10.04.2024
	Accommodation Form	13.03.2024
	Travel Schedule Form	10.04.2024
	Visa Request Form	13.03.2024
	Entry Fee Payment	13.03.2024
	1 st 50% Accommodation Cost Payment	13.03.2024
	2 nd 50% Accommodation Cost Payment	10.04.2024
	Buy extra tickets for Banquet	10.04.2024
	Fine for missing judge Payment	10.04.2024
Sincerely Yours, Burgas International ACRO Cup 2024 Organization Committee		

APPENDIX 1

COMPETITION PROGRAM

AGE GROUP: **Beginner** 8-14

<p>COMPETITION STRUCTURE</p>	<p>Each pair and group perform one Combined exercise. The elements should be selected ONLY from the Tables of Difficulty for these Ages.</p>
<p>COMPOSITION OF EXERCISE</p>	<p>Music for all exercises has a maximum duration of 2 minutes.</p>
<p>SPECIAL REQUIREMENTS</p>	<p>The exercise must contain 6 elements. For each missing element, a special requirement penalty of 1.0 is applied.</p> <p>The exercise must include 2 Balance elements and 2 Dynamic elements from the Tables of Difficulty only from that age group. The rest, up to 6 elements can be:</p> <ul style="list-style-type: none"> - 2 Balance elements - 2 Dynamic elements - 1 Balance and 1 Dynamic elements <p>Each Balance elements must be static hold 3” seconds. Each partner must perform 3 individual elements from the table of individual elements. Somersault is NOT required. To calculate the difficulty of the individual exercise, the score of the elements is added together and then divided between the number of partners. Individual elements from Balance, Flexibility, Agility must be static holds 2” seconds. For every missing second a penalty of 0,3 is applied. The difficulty rating is determined in accordance with international regulations.</p> <hr/> <p>Important for this age group: There are 2 elements in boxes 033 to 036. They will be considered as one individual element. These elements must be performed in the sequence in which they are shown. The movements of the base included in the relevant table may be used to add additional difficulty, but they are not considered as an additional element (Paragraph 7). For a movement to be accepted as difficult, the top must be in a position of difficulty. The final position must be held for 3” seconds. Each table can only be used only once.</p>

APPENDIX 2

COMPETITION PROGRAM

AGE GROUP: Teen 8-15

<p>COMPETITION STRUCTURE</p>	<p>Each pair and group perform one Balance and one Dynamic exercise, composed in accordance with FIG TOD. The total score of Balance and Dynamic exercise determines the finalists.</p>
<p>COMPOSITION OF EXERCISE</p>	<p>Music for all exercises has a maximum duration of 2 minutes.</p>
<p>SPECIAL REQUIREMENTS</p>	<p>Pairs: Each Balance exercise must include a minimum of 5, maximum of 8 Balance elements for additional difficulty. For each missing element, there is a penalty of 1.0. Each additional element over 8 is penalized with a penalty of 1.0. Unsupported handstand is not required in a Balance exercise. In Balance exercise each element must have a minimum difficulty value 1 and a maximum degree of difficulty 9.</p> <p>Each Dynamic exercise must include a minimum of 6, maximum of 8 Dynamic elements for additional difficulty, two of which must be catches. For each missing element, there is a penalty of 1.0. Each additional element over 8 is penalized with a penalty of 1.0.</p> <p>In Dynamic exercise each element must have a minimum difficulty value of 1 and a maximum degree of difficulty of 14. Landings on the floor must be supported. All catches must demonstrate control. If difficulty is exceeded a penalty of 1.0 will be applied.</p> <p>Individual: Balance exercise: Each partner must perform 3 individual balance elements selected from the TOD. If this Special requirement is not fulfilled a penalty of 1.0 is applied. Dynamic exercise: Each partner must perform 3 tumbling individual elements selected from the TOD. In individual elements, a somersault in Dynamic exercise is not required. If this Special requirement is not fulfilled a penalty of 1.0 is applied.</p>

Groups:

Each Balance exercise must include a minimum of 2, maximum 3 pyramids for additional difficulty. For each missing pyramid a penalty of 1.0 is applied. There must be a minimum of 3 static holds of 3 seconds each. A maximum of 6 static poses can be performed in the whole exercise. Group can perform 2 pyramids from the same category. In Balance exercise each element must have a minimum difficulty value of 4 and a maximum degree of difficulty 17.

Each Dynamic exercise must include a minimum of 6, maximum of 8 Dynamic elements, two of which must be catches. For each missing element, there is a penalty of 1.0. Each additional element over 8 is penalized with a penalty of 1.0. In Dynamic exercise each element must have a minimum difficulty value of 1 and a maximum degree of difficulty 14 for WG and 10 for MG. If difficulty is exceeded a penalty of 1.0 will be applied. Landings on the floor must be supported. All catches must demonstrate control. If difficulty is exceeded a penalty of 1.0 will be applied.

Individual:

Balance exercise: Each partner must perform 3 individual balance elements selected from the TOD. If this Special requirement is not fulfilled a penalty of 1.0 is applied.
 Dynamic exercise: Each partner must perform 3 tumbling individual elements selected from the TOD. In individual elements, a somersault in Dynamic exercise is not required. If this Special requirement is not fulfilled a penalty of 1.0 is applied.

Each individual element must have a minimum difficulty value of 1 and a maximum degree of difficulty 10.

Important for this age group:

The coefficient normally applied for WP/WG balance and dynamic does not apply (like the rules for 11-16).

APPENDIX 3

COMPETITION PROGRAM

AGE GROUP: **YOUTH** 8-16

<p>COMPETITION STRUCTURE</p>	<p>Each pair and group perform one Combined exercise.</p>
<p>COMPOSITION OF EXERCISE</p>	<p>Music for all exercises has a maximum duration of 2 minutes.</p>
<p>SPECIAL REQUIREMENTS</p>	<p>Pairs: choose 2 balance elements from 11-16 difficulty tables (2 x 3” hold) + 1 optional element from FIG tables (1 x 3” hold) and 2 dynamic elements from 11-16 difficulty tables + 1 optional element from FIG tables. 1 element must be a catch and maximum 1 dismount. (OPTIONAL can be from 11-16 difficulty tables but not from the same ROWS used on the compulsory elements). Maximum of 6 Pair/Group elements. One of the Dynamic Element (Compulsory or Optional) must be a catch. The difficulty of the optional balance element must be a minimum of value 1 and a maximum of value 9. The difficulty of the Optional Dynamic Elements must be a minimum of 1 value and a maximum of value 14.</p> <p>Groups: choose 1 pyramid from 11-16 difficulty tables + 1 optional pyramid from FIG tables (3 static holds of 3” are required in the routine) and 2 dynamic elements from 11-16 difficulty tables + 1 optional elements from FIG tables. 1 element must be a catch and maximum 1 dismount. (OPTIONAL can be from 11-16 difficulty tables but not from the same ROWS used on the compulsory elements) Maximum of 6 Pair/Group elements. One of the Dynamic Element (Compulsory or Optional) must be a catch. The difficulty of the optional balance element must be a minimum of value 4 and a maximum of value 16. The difficulty of the Optional Dynamic Elements must be a minimum of 1 value and a maximum of value 14 and a maximum difficulty value of 10 for men.</p> <p>Individual: Each gymnast must perform 3 individual elements – no matter if it is Balance or Tumbling and no matter if they are different.</p> <p>Important: The Difficulty value of the exercise is calculated according to the difficulty value of the performed elements up to a MAX of 0,5 (like the rules for 11-16).</p>

