

BURGAS INTERNATIONAL ACRO CUP



BIAC'25
BURGAS (BUL)
29.05-01.06.2025

Info all: www.acrocupburgas.com



BURGAS INTERNATIONAL ACRO CUP

May 29 - June 01, 2025
Burgas (BUL)

FIG ACRO WORLD CUP
May 30 - June 01, 2025

CHERNOMORETZ
Gymnastics & Acrobatics

BFSA
BULGARIAN FEDERATION OF SPORT AEROBATICS


www.acrocupburgas.com

DIRECTIVES

Event ID: 5

Dear ACRO Friends,

Club of Sports Acrobatics Chernomoretz along with the Municipality of Burgas and the Bulgarian Federation of Sports Acrobatics have the pleasure to invite you to an International Championship in Acrobatic Gymnastics.

DISCIPLINE	Acrobatic Gymnastics
HOST FEDERATION	Bulgarian Federation of Sports Acrobatics 75, Vasil Levski Blvd. 1040 Sofia, Bulgaria E-mail: bulacro@gmail.com
ORGANIZING COMMITTEE	Club of Sports Acrobatics Chernomoretz Contact Person: Atanas Plamenov 139, zh.k. Izgrev, 8005, Burgas, Bulgaria Phone number: +359 (0)888337777 E-mail: atanas_plamenov@bulgym.bg Official website: www.acrocupburgas.com
LOCATION	Burgas, BULGARIA, 130km. from Varna and 360km. from Sofia
DATE	From 29.05.2025 to 01.06.2025
VENUE	<p>Arena Burgas 79, Stefan Stambolov Blvd. 8005 Burgas, Bulgaria Competition Hall with 95 x 60, 22-32m (height).</p> 

PROVISIONAL SCHEDULE	<p style="text-align: center;">The detailed schedule will be determined and published on the website (www.acrocupburgas.com) Tuesday, 27.05.2025 Delegations' arrival / Free Training (Training Floors) Wednesday, 28.05.2025 Delegations' arrival / Podium training (with music) as per schedule Thursday, 29.05.2025 Orientation Meeting / Judge meeting / Podium training (with music) as per schedule/ (1st exercise and/or Finals exercise) Friday, 30.05.2025 Opening Ceremony / Qualification (1st or 2nd exercise and/or Finals exercise) Saturday, 31.05.2025 Qualification (2nd or Finals exercise) Sunday, 01.06.2025 Finals / Award Ceremony/ Farewell party Monday, 02.06.2025 Departure of all delegations</p> <p style="text-align: center;">(*) Only delegations arriving on the scheduled arrival days or before will be scheduled for podium training. Delegation arriving later will be scheduled for podium training according to availability. Measurement of the athletes will be planned after the podium training. Teams that do not have podium training will be measured after accreditation.</p>					
INVITED	The Burgas International Acro Cup is open to National, Regional and Club Teams.					
SIZE OF DELEGATION	Each delegation may include: - 1 Head of delegation - 1 Team Manager - 1 Doctor - Unlimited acrobatic pairs/groups and coaches - Compulsory least 1 judge - Judge is compulsory: 2-19 gymnast – 1 judge, 20 or more gymnast – 2 judges					
AGE LIMITS	LEVEL	AGE LIMITS	Balance	Dynamic	Combined	General Rules
	AG Bg1	8 years old – 14 years old			X	General rules in Appendix 1
	AG Bg2	8 years old – 15 years old	X	X		General rules in Appendix 2
	Aspire	8 years old – 16 years old			X	General rules in Appendix 3
	Pre-Youth	9 years old – 16 years old	X	X		Rules for 11-16 FIG Age Group
	Youth	10 years old – 18 years old	X	X	X	Rules for 12-18 FIG Age Group
	Junior	11 years old – 19 years old	X	X	X	Rules for 13-19 FIG Age Group
	Senior	Minimum 12+ years old	X	X	X	Rules for Seniors FIG Age Group

<p>TARIFF SHEETS AND MUSIC</p>	<p>The Tariff Sheets and Music must be created and uploaded on ACROCOMPANION software by 18.05.2025. The music must be in MP3 format only. After that date, no more files will be downloaded from ACROCOMPANION to be used in training or competitions. Music files can be changed or add up to 48 hours before competition time, with a fee of 20 Euro per music.</p>											
<p>AWARD CEREMONY</p>	<p>Only the first three places will be requested to participate in the Medal Award Ceremonies. Medal will be awarded for each combination, except for ages 8-14 and 8-16, where they will only be awarded in the final. They are requested to appear in competition suits. There will be a Team Competition. PRIZE MONEY will be given for the Youth, Juniors and SENIOR competition if, per category, at least 6 teams are in the final and teams from at least 4 different countries entered the competition (qualifications) in that category as well as the score without difficulty (D-score) on the team in the final is equal or above 27 points. Note: If there are three or fewer pairs/groups in an age category, medal will only be awarded in the final.</p> <p style="text-align: center;">AG: Youth and Juniors</p> <p style="text-align: center;">1st place – 40 Euro (for each partner of the Pair/Group) 2nd place – 30 Euro (for each partner of the Pair/Group) 3rd place – 20 Euro (for each partner of the Pair/Group)</p> <p style="text-align: center;">AG: SENIOR</p> <p style="text-align: center;">1st place – 50 Euro (for each partner of the Pair/Group) 2nd place – 40 Euro (for each partner of the Pair/Group) 3rd place – 30 Euro (for each partner of the Pair/Group)</p>											
<p>JUDGES</p>	<p>Each participating Federation/Club must provide a minimum of one, maximum two judges.</p> <p style="text-align: center;">NO JUDGE – PENALTY: 300 Euro Judges must be available throughout the whole competition.</p>											
<p>REGISTRATION DEADLINES</p>	<p style="text-align: center;">Provisional, Definitive and Nominative Registration must be sent to OC.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 40%;">Provisional registration</td> <td style="width: 20%;">29.01.2025</td> <td style="width: 40%;">(4 months prior to the event)</td> </tr> <tr> <td>Definitive registration</td> <td>26.03.2025</td> <td>(2 months prior to the event)</td> </tr> <tr> <td>Nominative registration</td> <td>30.04.2025</td> <td>(4 weeks prior to the event)</td> </tr> </table>			Provisional registration	29.01.2025	(4 months prior to the event)	Definitive registration	26.03.2025	(2 months prior to the event)	Nominative registration	30.04.2025	(4 weeks prior to the event)
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<p>ENTRY FEES</p>	<p>The non-refundable cost of the Entry Fee is 40 Euro per gymnast. The whole Entry Fee must be paid to OC until 26.03.2025 (Definitive entry)</p>											
<p>ACCOMMODATION AND MEALS</p>	<p style="text-align: center;">Hotel 1 – 4* Luxury 8005, Burgas, Burgaria</p> <p>The costs per person/night are as follows: 180 Euro (single room, including breakfast, lunch and dinner) 150 Euro (double room, including breakfast, lunch and dinner)</p>											

	<p style="text-align: center;">Hotel 2 – 4* 8005, Burgas, Bulgaria</p> <p>The costs per person/night are as follows: 145 Euro (single room, including breakfast, lunch and dinner) 125 Euro (double room, including breakfast, lunch and dinner) 115 Euro (triple room, including breakfast, lunch and dinner) 115 Euro (quadruple, including breakfast, lunch and dinner)</p> <p style="text-align: center;">Hotel 3 – 3* 8000, Burgas, Bulgaria</p> <p>The costs per person/night are as follows: 135 Euro (single room, including breakfast, lunch and dinner) 115 Euro (double room, including breakfast, lunch and dinner) 105 Euro (triple room, including breakfast, lunch and dinner) 105 Euro (quadruple, including breakfast, lunch and dinner)</p> <p style="text-align: center;">Hotel 4 – 2* 8000, Burgas, Bulgaria</p> <p>The costs per person/night are as follows: 120 Euro (single room, including breakfast, lunch and dinner) 100 Euro (double room, including breakfast, lunch and dinner) 95 Euro (triple room, including breakfast, lunch and dinner) 95 Euro (quadruple, including breakfast, lunch and dinner) Breakfast and dinner are included in the price and will be served at the hotel. Lunch: Lunch will be provided at the competition venue.</p> <p>The meal plan starts with dinner on the delegation’s official arrival day and ends with breakfast on the official departure day.</p> <p>The completed Accommodation Form must be returned to the OC by 26.03.2025 at the latest, the Hotel rooms will be allocated at “first come, first serve” basis. Accommodation will be reserved after the financial obligations are met (50% accommodation package + Entry Fee).</p> <p>All participants must register their Accommodation packages through BIAC’25 OC. No participant will be accepted if booked outside the organization.</p>
<p>FINAL BANQUET</p>	<p>A farewell party will be organized and will be followed by a disco and dance. All delegations that have booked their accommodation with the OC are invited to participate without additional payment. Extra tickets will be available at the OC office at 35 Euro per person. Requests for extra tickets must be made, at the very latest, by Thursday morning (29.05.2025)</p>

<p>INTERNATIONAL TRANSPORTATION</p>	<p>The invited participating Federations/Clubs must pay for the travel costs of their Delegation members. The Travel Schedule Form must be returned to the OC by 30.04.2025.</p>
<p>LOCAL TRANSPORTATION</p>	<p>Transportation from and to the Burgas Airport is provided by the OC to all delegation that have booked the Accommodation through the OC. The Travel Schedule Form must be returned to OC by 30.04.2025 (along with the Nominative registration).</p>
<p>VISA</p>	<p>Please verify immediately with your travel agent or the Bulgaria Embassy or Consulate in your country if a visa is required for your travel to Bulgaria. The OC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before 26.03.2025 to the OC. The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
<p>INSURANCE</p>	<p>The OC will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like. All participating Federations/Clubs are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents, and repatriation for all the members of their Delegation, <u>and the insurance must include the full names of the insured individuals</u>. If the note has not been sent in advance to the OC (which is strongly recommended), the OC will verify the insurance coverage upon arrival of the delegation members (e.g., cover note or photocopy of the valid policy). The insurance must be valid at least starting from the arrival day of the delegation and must last for the delegation's entire stay. The OC will subsequently offer insurance coverage at the expense of the Federations/Clubs if they do not have one, as follows: 20 EURO per person/day.</p>
<p>ACCREDITATION</p>	<p>Federations/Clubs will receive accreditation based on Nominative Registration upon arrival at the Competition Venue.</p> <p>All participants and officials are requested to always wear identification cards. The identification is personal, non-transferable, and compulsory to control access to training and competition hall. If you lose your identification card, you will have to buy a new one for the price of 20 Euro. The Heads of Delegation must present the passports or ID cards of all members of the team. To save time during the accreditation process, we encourage delegations to attach passports and insurance certificates to us in the Acro Companion system.</p> <p>The final workplan will be uploaded on the website (www.acrocupburgas.bg)</p>
<p>ORIENTATION MEETING</p>	<p>The orientation meeting will take place on 29.05.2025. This meeting is for the Head of Delegation and Team Manager. Each Head of Delegation will receive the official competition plan.</p>

<p>ADDITIONAL INFORMATION</p>	<p>All further information concerning the detailed program will be given with the official WORK PLAN, in May 2025.</p> <p>BIAC'25 NEWS FLASH will be sent by email and uploaded online on the Official website in all major updates.</p> <p>All participants must book their Accommodation via BIAC'25 packages.</p>
<p>BANK ACCOUNT INFORMATION AND FINACES</p>	<p>Each participating member Federation/Club is kindly requested to use the following bank details:</p> <p>BANK NAME: UBB BANK ADDRESS: 89B VITOSHA BLVD., MILLENNIUM CENTER, SOFIA BENEFICIARY: SPORT ACROBATICS CLUB CHERNOMORETZ BENEFICIARY ADDRESS: 139, IZGREV, BURGAS,8000, BULGARIA IBAN: BG05UBBS81551013293956 SWIFT/BIC: UBBSBGSF</p> <p>Each participating Federation/Club member is kindly requested to enter the payment's purpose as follows: Example: BUL, BIAC'25</p> <p>The delegations are responsible for covering their Travel expenses, Accommodations and Entry Fee. 100% of the Entry Fee + 50% of the Accommodation package must be paid before 26.03.2025 (Definitive registration).</p> <p>Make sure that all the possible transfer charges (sending and receiving) and the correct amount of money are deposited in our account. When making an international bank transfer you can usually choose between different options, depending on who should pay the fees. All transfer charges are at your expense.</p>
<p>CANCELATION POLICY</p>	<p>Cancellations will only be accepted by e-mail.</p> <p>In case of a cancellation, costs will be refunded as follows:</p> <p>By 26.03.2025: 100% refund 27.03.2025 – 30.04.2025: 50% refund After 01.05.2025: No refund</p> <p>Money is refunded only by Bank transfer. All costs for the Bank transfers will be at the expense of the participating Federation/Club.</p> <p>No refund will be made after the deadline for the Nominative registration.</p> <p>Entry Fee – At the team of the Definitive registration (26.03.2025) each Federation/Club must pay 40 Euro per individual gymnast, and this is non-refundable.</p>

EVENT MANAGER	<p>Atanas Plamenov Phone number: +359 (0)888337777 E-mail: atanas_plamenov@bulgym.bg</p>
LOCAL MEDIA AND MADIA RIGTHS	<p>Media representatives (journalist, photographers, TV) must request a special accreditation from the OC. Please contact the OC before 26.03.2025 to be eligible to a media accreditation. The media will be assigned special seating and working conditions.</p> <p>The organization records and streams the competition and has the right to upload the movies online. Entering the competition automatically grants BIAC the right to use and publish all photographic material and image rights.</p>
DRAWING OF LOST	<p>The drawing of the starting order will be made in advance, and it will take place in May.</p>
MEDICAL SERVICE	<p>Medical services during the competition will be provided by a physiotherapist and a team of the Red Cross with ambulance service.</p>
RULES AND REGULATIONS	<p>The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these Directives.</p> <ul style="list-style-type: none"> • FIG rules as valid on January 1st, 2025 • Code of Points (2025-2028) and relevant Newsletters • Appendix for BIAC'25 <p>The competition will take place in the following categories of Acrobatic Gymnastics:</p> <ul style="list-style-type: none"> • AG Bg1 – 8 – 14 (According to Technical Regulation Appendix 1) • AG Bg2 – 8 – 15 (According to Technical Regulation Appendix 2) • Aspire – 8 – 16 (According to Technical Regulation Appendix 3) • Pre-Youth – 9 – 16 (According to FIG Rules for AG 11-16) • Youth – 10 – 18 (According to FIG Rules for AG 12-18) • Junior – 11 – 19 (According to FIG Rules for AG 13-19) • Senior – 12+ (According to FIG Rules for Seniors) <p>Age Group 8-14 and 8-16 have Combined exercise and a final with Combined exercise for best 8/6. The final starts from Zero.</p> <p>Note: If there are 3 or fewer pair/group in the qualifications for the 8-14 age category, the first round will be considered the final for them.</p> <p>Age Group 8-15 and 9-16 have Balance and Dynamic exercise and a final with Balance or Dynamic exercise for best 8/6 (see Age Group/ Juniors Group Rules FIG). The final starts from Zero.</p> <p>Age Group Youth 10-18, Junior 11-19 and Seniors have Balance and Dynamic exercises and a final with Combined exercise for best 8/6. The final starts from Zero.</p> <p>If case of a tie, the tie-breaking regulations will be applied.</p>

DEADLINES SUMMARY	Provisional Registration	29.01.2025
	Definitive Registration	26.03.2025
	Nominative Registration	30.04.2025
	Accommodation Form	26.03.2025
	Travel Schedule Form	30.04.2025
	Visa Request Form	26.03.2025
	Entry Fee Payment	26.03.2025
	1 st 50% Accommodation Cost Payment	26.03.2025
	2 nd 50% Accommodation Cost Payment	30.04.2025
	Buy extra tickets for Banquet	30.04.2025
	Fine for missing judge Payment	30.04.2025
Sincerely Yours, Burgas International ACRO Cup 2024 Organization Committee	<p>Contact for registration: Atanas Kostadinov Email: atanas_plamenov@bulgym.bg</p>	

APPENDIX 1

COMPETITION PROGRAM

AGE GROUP: **Bg1** 8-14

<p>COMPETITION STRUCTURE</p>	<p>Each pair and group perform one Combined exercise. The elements should be selected ONLY from the Tables of Difficulty for these Ages.</p>
<p>COMPOSITION OF EXERCISE</p>	<p>Music for all exercises has a maximum duration of 2 minutes.</p>
<p>SPECIAL REQUIREMENTS</p>	<p>The exercise must contain 6 elements. For each missing element, a special requirement penalty of 1.0 is applied.</p> <p>The exercise must include 2 Balance elements and 2 Dynamic elements from the Tables of Difficulty only from that age group. The rest, up to 6 elements can be:</p> <ul style="list-style-type: none"> - 2 Balance elements - 2 Dynamic elements - 1 Balance and 1 Dynamic elements <p>Each Balance elements must be static hold 3” seconds. Each partner must perform 3 individual elements from the table of individual elements. Somersault is NOT required. To calculate the difficulty of the individual elements, the score of the elements is added together and then divided between the number of partners. Individual elements from Balance, Flexibility, Agility must be static holds 2” seconds. For every missing second a penalty of 0,3 is applied. The difficulty rating is determined in accordance with international regulations.</p> <hr/> <p>Important for this age group: There are 2 elements in boxes 033 to 036. They will be considered as one individual element. These elements must be performed in the sequence in which they are shown. The movements of the base included in the relevant table may be used to add additional difficulty, but they are not considered as an additional element (Paragraph 7). For a movement to be accepted as difficult, the top must be in a position of difficulty. The final position must be held for 3” seconds. Each box can only be used only once.</p>

APPENDIX 2

COMPETITION PROGRAM

AGE GROUP: **Bg2** 8-15

<p>COMPETITION STRUCTURE</p>	<p>Each pair and group perform one Balance and one Dynamic exercise, composed in accordance with FIG TOD. The total score of Balance and Dynamic exercise determines the finalists.</p>
<p>COMPOSITION OF EXERCISE</p>	<p>Music for all exercises has a maximum duration of 2 minutes.</p>
<p>SPECIAL REQUIREMENTS</p>	<p>Pairs: Each Balance exercise must include a minimum of 5, maximum of 8 Balance elements for additional difficulty. For each missing element, there is a penalty of 1.0. Each additional element over 8 is penalized with a penalty of 1.0. Unsupported handstand is not required in a Balance exercise. In Balance exercise each element must have a minimum difficulty value 1 and a maximum degree of difficulty 9.</p> <p>Each Dynamic exercise must include a minimum of 6, maximum of 8 Dynamic elements for additional difficulty, two of which must be catches. For each missing element, there is a penalty of 1.0. Each additional element over 8 is penalized with a penalty of 1.0.</p> <p>In Dynamic exercise each element must have a minimum difficulty value of 1 and a maximum degree of difficulty of 14. Landings on the floor must be supported. All catches must demonstrate control. If difficulty is exceeded a penalty of 1.0 will be applied.</p> <p>Individual: Balance exercise: Each partner must perform 3 individual balance elements selected from the TOD. If this Special requirement is not fulfilled a penalty of 1.0 is applied. Dynamic exercise: Each partner must perform 3 tumbling individual elements selected from the TOD. In individual elements, a somersault in Dynamic exercise is not required. If this Special requirement is not fulfilled a penalty of 1.0 is applied.</p>

	<p>Groups: Each Balance exercise must include a minimum of 2, maximum 3 pyramids for additional difficulty. For each missing pyramid a penalty of 1.0 is applied. There must be a minimum of 3 static holds of 3 seconds each. A maximum of 6 static poses can be performed in the whole exercise. Group can perform 2 pyramids from the same category. In Balance exercise each element must have a minimum difficulty value of 4 and a maximum degree of difficulty 17.</p> <p>Each Dynamic exercise must include a minimum of 6, maximum of 8 Dynamic elements, two of which must be catches. For each missing element, there is a penalty of 1.0. Each additional element over 8 is penalized with a penalty of 1.0. In Dynamic exercise each element must have a minimum difficulty value of 1 and a maximum degree of difficulty 14 for WG and 10 for MG. If difficulty is exceeded a penalty of 1.0 will be applied. Landings on the floor must be supported. All catches must demonstrate control. If difficulty is exceeded a penalty of 1.0 will be applied.</p>
	<p>Individual: Balance exercise: Each partner must perform 3 individual balance elements selected from the TOD. If this Special requirement is not fulfilled a penalty of 1.0 is applied. Dynamic exercise: Each partner must perform 3 tumbling individual elements selected from the TOD. In individual elements, a somersault in Dynamic exercise is not required. If this Special requirement is not fulfilled a penalty of 1.0 is applied.</p> <p>Each individual element must have a minimum difficulty value of 1 and a maximum degree of difficulty 10.</p>
	<p>Important for this age group: The coefficient normally applied for WP/WG balance and dynamic does not apply (like the rules for 11-16).</p>

APPENDIX 3

COMPETITION PROGRAM

AGE GROUP: **Aspire** 8-16

COMPETITION STRUCTURE	Each pair and group perform one Combined exercise.
COMPOSITION OF EXERCISE	Music for all exercises has a maximum duration of 2:30 minutes.
SPECIAL REQUIREMENTS	<p>Pairs: choose 2 balance elements from 11-16 difficulty tables (2 x 3” hold) + 1 optional element from FIG tables (1 x 3” hold) and 2 dynamic elements from 11-16 difficulty tables + 1 optional element from FIG tables. 1 element must be a catch and maximum 1 dismount. (OPTIONAL can be from 11-16 difficulty tables but not from the same ROWS used on the compulsory elements). Maximum of 6 Pair/Group elements. One of the Dynamic Element (Compulsory or Optional) must be a catch. The difficulty of the optional balance element must be a minimum of value 1 and a maximum of value 9. The difficulty of the Optional Dynamic Elements must be a minimum of 1 value and a maximum of value 14.</p>
	<p>Groups: choose 1 pyramid from 11-16 difficulty tables + 1 optional pyramid from FIG tables (3 static holds of 3” are required in the routine) and 2 dynamic elements from 11-16 difficulty tables + 1 optional elements from FIG tables. 1 element must be a catch and maximum 1 dismount. (OPTIONAL can be from 11-16 difficulty tables but not from the same ROWS used on the compulsory elements) Maximum of 6 Pair/Group elements. One of the Dynamic Element (Compulsory or Optional) must be a catch. The difficulty of the optional balance element must be a minimum of value 4 and a maximum of value 16. The difficulty of the Optional Dynamic Elements must be a minimum of 1 value and a maximum of value 14 and a maximum difficulty value of 10 for men.</p>
	<p>Individual: Each gymnast must perform 3 individual elements – no matter if it is Balance or Tumbling and no matter if they are different.</p>
	<p>Important: The Difficulty value of the exercise is calculated according to the difficulty value of the performed elements up to a MAX of 0,5 (like the rules for 11-16).</p>